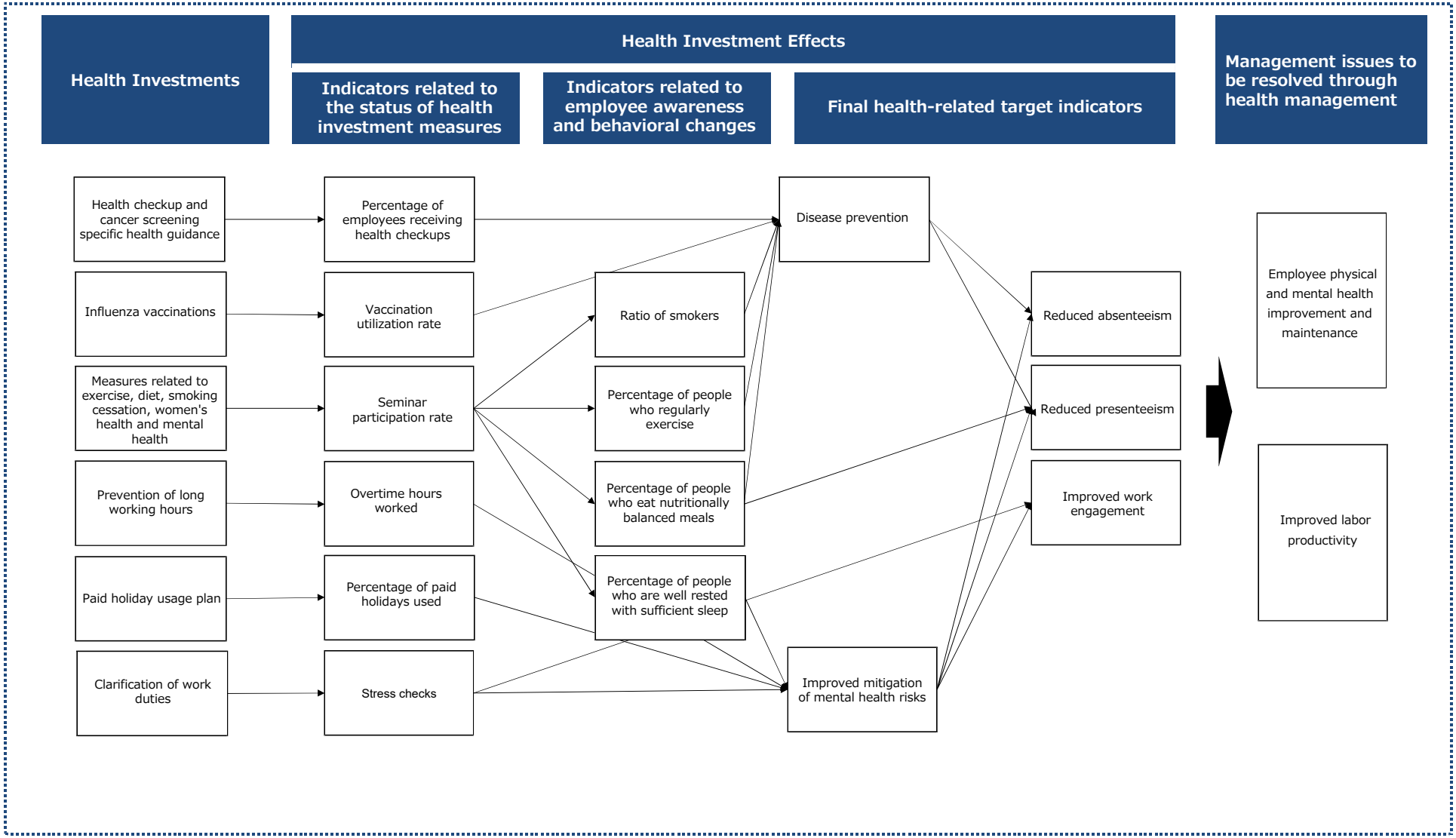
Health Investments
Health Investment Effects
Indicators related to the status of health investment measures
Indicators related to employee awareness and behavioral changes
Final health-related target indicators
Management issues to be resolved through health management
Health checkup and cancer screening specific health guidance
Influenza vaccinations
Measures related to exercise, diet, smoking cessation, women's health and mental health
Prevention of long working hours
Paid holiday usage plan
Clarification of work duties
Percentage of employees receiving health checkups
Vaccination utilization rate
Seminar participation rate
Overtime hours worked
Percentage of paid holidays used
Stress checks
Ratio of smokers
Percentage of people who regularly exercise
Percentage of people who eat nutritionally balanced meals
Percentage of people who are well rested with sufficient sleep
Disease prevention
Improved mitigation of mental health risks
Reduced absenteeism
Reduced presenteeism
Improved work engagement
Employee physical and mental health improvement and maintenance
Improved labor productivity